

WELCOME TO THE
Red Report!

Connecting With Clare...

YOUR STATE PRESIDENT!

From Culinary Arts, to Focus on Children, to Sports Nutrition, the **opportunities are endless** with FCCLA STAR events. The hard part is finding out which STAR event is right for you.

One of the first steps to figuring out what STAR event is right for you is using your **interests to guide your decision**. For example if you enjoy designing new fashions or interiors you could try Interior Design, or Fashion Construction.

The next step is looking over the event rubrics to make sure that the **STAR event qualifications** are **attainable** for you.

Finally you should make sure that you are **passionate** about the STAR event you choose, it makes participating in STAR events much more **enjoyable**, and you are guaranteed to be more **successful!** Check the national FCCLA website's STAR event page for a **survey** to help you choose your STAR event, and more information on each of the events!



CLARE RICHARDS
2023-2024 WASHINGTON
STATE PRESIDENT
PRESIDENT@WAFCCCLA.ORG
WAFCCCLA.ORG

BUDGETING!



MOLLY ROSE BATES, VP OF
 PUBLIC RELATIONS AND FINANCE
 PUBLICRELATIONS@WA-
 FCCLA.ORG

Budgeting is very important especially as you are just now making money.

Although making money and immediately spending it is both easy and rewarding, **saving money each pay period/every time you get money** is one of the most important parts of budgeting.

As you **save money**, you are **earning interest** on it, and that money goes up in value. By having money saved, you are able to pay for incidentals and other random costs without worrying. The easiest way to budget with differing paychecks is to **note all spending you'll have to spend each month**. This could include car insurance, gas, and other costs.

By making sure you have the budget for this, you can note how much "free spending" money you have. This ensures that you have **enough money** required for necessary costs.

STUDENT BODY



KIYRA TERRY, VP OF
COMPETITIVE EVENTS AND
PROGRAMS
PROGRAMS@WA-FCCLA.ORG

The Student Body program is designed to empower teenagers to make informed and responsible choices for their physical and mental health. It consists of four units:

- **"The Healthy You"** focuses on wise food and lifestyle choices.
- **"The Fit You"** encourages taking charge of physical fitness.
- **"The Real You"** emphasizes positive mental health.
- **"The Resilient You"** aims to build emotional strength.

This comprehensive approach helps teens establish healthy habits that can last a lifetime and offers opportunities for them to educate others about health and well-being.

Successful completion of this program gives you the chance to be recognized at a statewide level, and the **opportunity to win up to \$1000**, so make sure to participate! Find more Information at fcclainc.org

COMMUNITY SERVICE



ANNA D'HULST
 2023-24 VP OF
 COMMUNITY SERVICE
 COMMUNITYSERVICE@WA-
 FCCLA.ORG

Get ready Washington! The fall community service project is a canned food drive being held at each regional conference.

Members get an exciting opportunity to win a prize as a region when they participate!

At their regional conference, using the cans they bring, members are going to create a mosaic with the help of their region vice president.

The more cans members bring, the bigger and better their mosaic will be. All the cans will be donated to a charity of the region vice president's choice. So be creative, have fun and bring canned goods!

Look Out For...



CHAPTER CTE GUIDE

The chapter CTE guide is a digital booklet that will contain information about why FCCLA and aiding to members' growth through FCCLA is important. In addition, it will include the experiences of the State Officers. This guide will be published in order to make the impacts of career and technical education simple to understand. The guide can be used as a resource when addressing school boards as well. We want all chapters to have support from their CTE department/school with funding and other resources needed for the chapter. This Chapter CTE guide will be posted on the FCCLA website in the coming months!

-HARINI ARUMUGAM GANDHIMATHI, VP OF REGION 5



CHAPTER OFFICER SLACK CHANNEL

The State Executive Council has a new engagement initiative in the making! It's a slack channel for chapter officers to share exciting moments, ideas, and updates throughout this year's Ultimate Journey. Chapter officers, please stay tuned to Washington FCCLA's instagram page regarding the link!

-BRIANNA URRUTIA, VP OF
REGION 6



RED REACH PODCAST

Listen or watch the Red Reach Podcast hosted by two of Washington's very own state officers, and a special guest each episode! The topics range from FCCLA basics to how to better serve your community! New episodes are posted the first Friday of every month, so don't miss out on this incredible opportunity to stay up to date on all things Washington FCCLA! Keep an eye on social media for further updates!

-PARKER CASEY, VP OF
REGION 7

Oh Look! There's More!



YOUTUBE VIDEOS

Washington FCCLA's Youtube is up and running! The YouTube videos scheduled to be posted are meant to be informational videos that cover numerous topics regarding FCCLA. Our "NLC prep" video was posted, talking about all things NLC and what you need to be prepared. Coming soon will be a "Washington State NLC recap" video featuring everyone who sent in pictures or videos taken during NLC. Let us know what you think!

-KEIRA CAESSENS, VP OF REGION 9



NEVER 'LEAF' US

Never 'Leaf ' Us will be the Recognition campaign going from September to October. This two-month campaign will encourage members to invite a friend to any events happening within your FCCLA chapter. Whether it be a chapter meeting or something your chapter is doing in the community, all pictures you want recognized can be submitted through a Cognito form that will be featured on our Instagram.

-ZIYON MARSH, VP OF RECOGNITION AND MEMBERSHIP



THE VAULT

A set of Instagram reels with helpful information about the basics of FCCLA. Get excited to have your questions answered in a short, digestible format!

-ANNA D'HULST , VP OF COMMUNITY SERVICE

NATIONAL UPDATES!



CHEER ON SELAH!

Selah High School in Region 7 has advanced to top 40 in the Knowledge Bowl! They will now compete at the National Fall Conference in Birmingham, AL.



SKILL DEMONSTRATION EVENTS

REGISTER BY OCTOBER 11TH, 2023

Members can showcase their skills related to Family and Consumer Sciences and related occupations. Guidelines and policies for these events can be found on the FCCLA portal under the "Resources" tab. Don't miss the opportunity to demonstrate their readiness for college and careers in these fields!



NATIONAL FALL CONFERENCE

NOVEMBER 10 – 12, 2023, BIRMINGHAM, AL

Each Fall, FCCLA members have the opportunity to explore new leadership skills, make new friends, grow as an organization, and have some fun!

Regional Fall Conferences



Regional Fall Conferences are a great way to get introduced into FCCLA and learn more about what we do! Regional Fall Conferences have a lot of interesting Keynote speakers, events and workshops that will help prepare you not only for your FCCLA journey, but also for what comes after!

FIND YOUR NEAREST REGIONAL FALL CONFERENCE!

REGION 3: STEILACOOM HIGHSCHOOL ON OCTOBER 13

REGION 4: TBD (WILL BE REVEALED ON INSTAGRAM!)

REGION 5: EDUCATIONAL SCHOOL DISTRICT 189 ON OCTOBER 31ST

REGION 6: EASTMONT COMMUNITY CENTER ON OCTOBER 19TH

REGION 7: SELAH CIVIC CENTER ON OCTOBER 17TH

REGION 8: TBD (WILL BE REVEALED ON INSTAGRAM!)

REGION 9: ENSMINGER PAVILLION ON OCTOBER 12TH

REGION 10: EDUCATIONAL SCHOOL DISTRICT 101 ON OCTOBER 11TH

WASHINGTON UPDATES!



INCREDIBLE SPOTLIGHT IS BACK!

Nominate a friend or advisor who has been doing exceptional lately, for a chance to get featured on the InCredible Spotlight! Submit through a Cognito Form that will be available on the website!



TALK ABOUT IT TUESDAY

Look Out, Chapter Officers! Talk about it Tuesday is Another resource to help you on your journey to lead a successful Chapter. It is a monthly webinar led by State officers discussing important state announcements, answering questions, and more! Talk About It Tuesday will be on the first Tuesday of every month. Happen to Miss it? Never fear, The Red Report will have a recap every month!



DEI (DIVERSITY, EQUITY AND INCLUSION) GUIDE

We created a DEI guide to make Washington FCCLA a more inclusive environment for all! We are currently waiting for OSPI approval to publish it on the website! Look out for it in the next month!

Thank you

FOR READING THE RED REPORT!

THE RED REPORT WILL BE RELEASED ON THE FIRST OF EVERY MONTH!
