"Power of One is an amazing way to start getting involved in FCCLA. My involvement in Power of One allowed me to get closer to my chapter adviser and find my passion in FCCLA!"
Elaina Diaz
WA State FCCLA President

WHAT YOUR OFFICERS ARE SAYING

"I have completed all five units of Power of One. These units made me realize my individual ability by giving me self confidence and the strong characteristics of a leader."
Christine Grant
WA State VP of Programs

CONTACT

HAVE ANY QUESTIONS?
WANT MORE INFO?
FEEL FREE TO REACH OUT!

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POWER OF ONE

FCCLA NATIONAL PROGRAM
A GUIDE TO FILL OUT A POWER OF ONE PLANNING PROCESS
IDENTIFYING CONCERNS
What's your biggest concern? Choose an issue or skill that is your personal priority. Remember to be detailed and write in full sentences.

A Better You
- Eating habits
- Losing/gaining weight
- Learning a new skill

Family Ties
- Time spent with family
- Communication between family
- Delegating house responsibilities

Working on Working
- Obtaining a job
- Saving up money
- Learning to apply for jobs

Take the Lead
- Volunteering
- Recruiting new FCCLA members
- Completing a STAR Event

Speak Out for FCCLA
- Publicizing FCCLA in your school
- Creating FCCLA resources
- Presenting to a business/potential sponsor about FCCLA

SET A GOAL
What are you specifically going to do to solve your concern? Write your SMART goal in full sentences.

A Better You
- Keep an eating journal
- Follow an exercise routine
- Use an app/Youtube

Family Ties
- Schedule time for family each day
- Keep a chores calendar

Working on Working
- Create your resume
- Fill out sample job applications

Take the Lead
- Volunteer up to 5 hours a week
- Set up an FCCLA booth during lunch

Speak Out for FCCLA
- Plan an FCCLA member-recruitment party
- Put together FCCLA presentations and contact businesses

ACT
With dates, record your progress; step-by-step. Remember to record your milestones. Use the format below!

Feb. 1st 2020
Washington Power of One Due Date

March 1st 2020
National FCCLA Power of One Due Date

March 18-20th 2020
Washington State Leadership Conference

FOLLOW UP
How do you know that your goal was accomplished? Here, write what you did and your results.

National Recognition Directions- Advisers
1. Log on to the FCCLA affiliation system by going here: https://affiliation.registermychapter.com/fccla#
2. Once logged in, select the "Program Awards" tab
3. Select the Power of One Award section
4. Select "Apply Now"
5. Select the students who are eligible by checking the box next to their name