

WA-FCCLA



A Resource For New FCCLA Advisers

August 2013

Why Affiliate with FCCLA?

Family, Career & Community Leaders of America (FCCLA) is a youth leadership organization that operates within the Family and Consumer Sciences (FCS) classes you teach. It is meant to be a co-curricular organization — meaning that the leadership content is delivered as an integral part of the course content. Students assume leadership within their classes, schools and communities in relation to the content of their FCS courses. Students may also participate in FCCLA through extra-curricular opportunities.

FCCLA Provides:

- ◆ Leadership preparation and opportunities for your students
- ◆ Presentation formats that provide authentic assessments of student learning
- ◆ Opportunities to meet and work with youth from around the state — and around the country
- ◆ Curriculum that helps you teach leadership
- ◆ Creative ideas for teaching Family & Consumer Sciences content
- ◆ Professional development and support for you
- ◆ OSPI recognized leadership development for your program

*“Have
the time
of your
life,
while
helping
students*



*create life skills that will
benefit them for years to
come.”*

*Garrhett Petrea
WA-FCCLA President
2013-2014*



WA-FCCLA & FFA State Officers with Superintendent Randy Dorn

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WA-FCCLA State Officers at Great Wolf Lodge

Local, Regional, State, National & International

Local: FCCLA begins in the Family & Consumer Sciences classroom, but opportunities exist for your students outside the school walls!

Regional: Washington State FCCLA hosts regional meetings in the fall to help get chapters excited about the upcoming year. In the spring, each region hosts a regional STAR Events competition.

State: A State Leadership Conference occurs in March.

National: Online contests and STAR Events allow students to compete nationally from their classrooms. Skill demonstrations are held at Cluster Meetings — mini national conferences in November. The National FCCLA Leadership Conference is held in July.

International: Students from around the country are selected annually to participate in a Japanese Exchange. Congratulations to a Colfax, WA student for being selected in 2013!

Download a copy of the WA-FCCLA State Calendar from the state website.



Rebekah presents to the group

Tips for Getting FCCLA Started

Start small and build a successful ongoing FCCLA organization

Integrate a couple of key FCCLA components:

The FCCLA Planning Process is a basic decision-making process. Help your students learn to use this process for all classroom decisions. It is the backbone for all FCCLA projects.

Power of One serves as the most basic FCCLA program. It has an individual development focus. Students select their own growth-oriented projects from one of five areas (or you select an area related to the class), develop a plan using the FCCLA planning process, then carry out that plan and evaluate progress. Ideally, each student works with a mentor outside of class to accomplish his/her goal. Require students to work on the project for a minimum of 10 hours for a good extended learning experience.

Community Service is an amazing way to become involved. Your students are probably already involved in community service through your classes. Formalize the activity to be a strong academic service-learning experience by using the FCCLA Planning Process as a means for selecting the service opportunity and for planning the overall project. Help students identify the FCS National Standards that reflect course outcomes and their learning goals. Guide students as they learn to work as a team, make professional telephone calls, write letters, promote an event, and evaluate their successes and areas for growth. Include evaluative questions that relate to student learning, group processes and satisfaction with the experience.

Competitive Events participation is one of the most exciting means of getting students really interested in FCCLA. Students develop their own projects based on learning goals in their FCS courses, and can present those projects in a variety of competitive formats. The Competitive Events Guide, found on the national FCCLA website, details the specifications for all of the competitive events. Select just one to get started (i.e. Illustrated Talk STAR Event) and use it as a project and assessment in a couple of classes to learn how the events work. Use the rubrics as they are published, or modify them for class use. Have students evaluate one another to learn these skills and to learn to provide quality feedback to a peer.

Resources for WA-FCCLA Advisers

Three important sources of information make the adviser's work easier. The WA-FCCLA and National FCCLA websites are among the most important resources for you. The state website contains the resources and information needed specific to Washington. The national website provides a myriad of resources for you to use or purchase. A third resource is the WA-FCCLA email list. Important announcements are shared through this medium throughout the academic year.

Add these websites to your favorites:

<http://www.wa-fccla.org>

<http://www.fcclainc.org>

Email the WA-FCCLA office to be added to the email list: fccla@wsu.edu.

The adviser doesn't need to do all the work! What a great leadership activity for students to check the websites for information appropriate for your chapter!



Kittitas Students In Nashville for the National FCCLA Conference

An Action Plan

The Adviser is a critical component to getting a chapter started. You may not be ready to affiliate in the first few weeks of school — but with just a little time your organization will be off to a great start.

Make FCCLA visible in your classroom and school. Introduce the organization in your classes, and to parents, administrators and other teachers. All can provide valuable support. Use FCCLA posters and resources to keep the organization visible. Be enthusiastic about this new opportunity!

Find a couple of key students to take leadership roles and to launch a membership drive. Twelve (12) members are needed to affiliate and to have full voting privileges for your chapter. Affiliation is completed through the national FCCLA website. Dues in 2013-14 are \$15/member — this includes both state and national dues. Chapters that affiliate 12 members by November 1 should begin receiving the *Teen Times Magazine* by January. Additional members may be added throughout the year.

Use the FCCLA Planning Process to choose program focuses. Establish committees to work toward accomplishing the organization's goals. Students take the lead to conduct research, make project plans, carry out projects, evaluate accomplishments and report back to the chapter.

Publicize your projects and the results of your work! **Recognize** the students for their work and supporters for their assistance!

Where to Find Support

The state and national FCCLA websites have a lot of information to help you get started, but sometimes another experienced adviser is really who you need. Cheryl Uceny, Kittitas High School, has just completed national FCCLA preparation as an Adviser to Advisers. She is a great source of information. Cheryl's contact information is on the last page of this newsletter. Other Advisers to Advisers are also available, contact the state office for names and contact information. State Officers in your region may also lend a hand. They will have ideas for getting your chapter started and may be able to visit during a chapter meeting!

WA-FCCLA Leadership

FCCLA is a student led organization — so the major decisions and direction for the organization come from the state officers (the Executive Council) and the membership. Make sure to find the list of state officers, organized by region, on the WA-FCCLA website to know who the elected leadership is for this academic year.

Adult leadership is also important for the organization. An Advisory Board works closely with the Executive Council to set organizational direction and to bring issues to the membership as needed. Advisory Board members are Family and Consumer Sciences teachers who advise the state officers. This board is chaired by *Mary Nagel*, Program Supervisor for Family and Consumer Sciences at OSPI.

As you might imagine, the Executive Council and Advisory Board change each year. Two staff members help retain consistency for the organization. *Kay Niemi*, retired Family and Consumer Sciences teacher and FHA/FCCLA adviser, serves as the WA-FCCLA State Adviser. Kay lives in Mukilteo, WA. Kay also serves as the WA-FCCLA STAR Events coordinator. *Debbie Handy* serves as the Executive Director for WA-FCCLA. Debbie is a Family and Consumer Sciences Teacher Educator at Washington State University in Pullman, WA.

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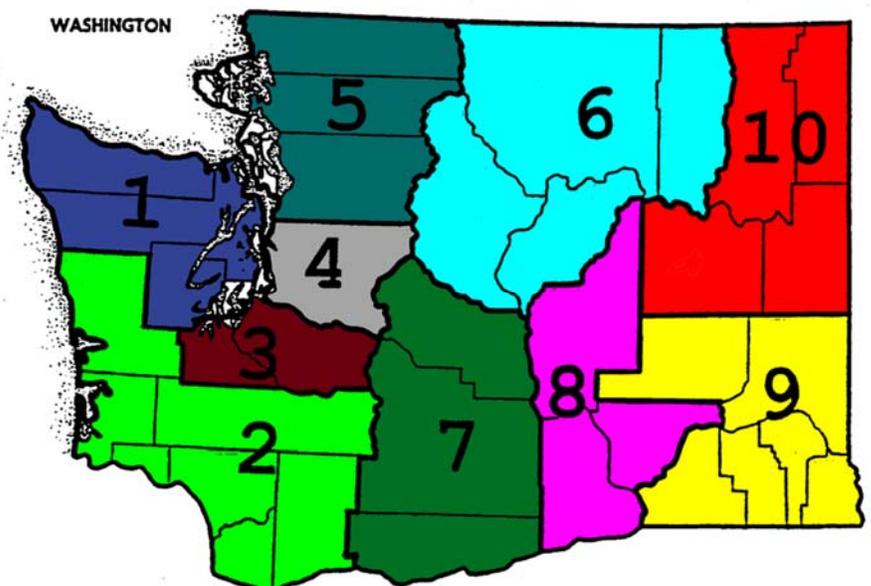
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WA-FCCLA Regions

FCCLA Regions by County:

- 1: Kitsap, Clallam, Jefferson, Mason
- 2: Grays Harbor, Pacific, Lewis, Cowlitz, Clark, Wahkiakum, Skamania
- 3: Pierce, Thurston
- 4: King
- 5: Whatcom, Skagit, Island, Snohomish, San Juan
- 6*: Okanogan, Chelan, Ferry Douglas (*includes Grand Coulee Dam, Republic & Curlew Districts)
- 7: Kittitas, Yakima, Klickitat
- 8*: Grant, Benton, Franklin (*includes Columbia-Burbank and Othello Districts)
- 9: Adams, Whitman, Garfield, Columbia, Asotin, Walla Walla
- 10: Stevens, Pend Orielle, Lincoln, Spokane



FCCLA—The Ultimate Leadership Experience!

WA-FCCLA

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